



CHÂTEAU SAINT-JEAN

— HOTEL & SPA —
MONTLUÇON - AUVERGNE

Massages Menu

The spa therapist adapts herself to yours needs and demands



Relaxing Massage

60 mns

105 €

90 mns

159 €

*The **relaxing massage** is composed of gentle kneading of the muscles, effleurage, pressure and smoothing. The gestures are slow and light, in order to release tension.*



Tonic Massage

60 mns

105 €

90 mns

159 €

***Tonic massage** is based on specific techniques designed to stimulate blood circulation and eliminate toxins. The basic massage technique is percussion.*

An extra charge of € 15.00 applies on Sundays and bank holidays.

