



Château Saint-Jean Spa treatments



	<u>60 minutes</u>	<u>90 minutes</u>
Relaxing Massage	140 €	190 €
<i>The relaxing massage is composed of gentle maneuvers of muscles kneading, light touch's, pressures and fluid smoothing. The gestures are slow and slightly pressed, to unwind tensions.</i>		
Tonic Massage	140 €	190 €
<i>Tonic modeling is based on specific techniques designed to stimulate blood circulation and eliminate toxins. The basic technique of this massage is percussion.</i>		

The practitioner adapts to your requests and needs

